

A background of numerous water droplets of various sizes on a light blue surface, creating a fresh and clean atmosphere.

  
**OHTLI**  
SPA

## Touch Therapies

### Sensorial Swedish

Featuring a traditional Swedish massage therapy, this full body treatment utilizes warm massage oils infused with your choice of a single note essential oil. Select from uplifting local grapefruit, mind clearing Mexican cedar wood or relaxing chamomile.

### Yelapa Touch Therapy



A light touch therapy with deeply relaxing benefits, this balancing therapy integrates Huichol Shamanistic meditation with western Polarity therapy for a profound journey into a peaceful and relaxed state of mind. As the rich scent of copal traditional incense fills the air, your therapist guides you through conscious breathing and into deep relaxation

### Rosemary-Peppermint Therapeutic

Deeply penetrating deep tissue work massages away stiff, sore and tired muscles. Rosemary stimulates circulation and the peppermint soothes and cools muscle tissue.

### Coco-Lima Effleurage

A lighter touch massage, this therapy is meant to warm the skin allowing the hydrating coconut oils to penetrate and soften. The fragrant lime energizes and tightens the skin for a fresh appearance and reduced appearance of dimpling and uneven tones

### Piña- Mango Firming

Essences of pineapple and mango combine with sweet almond oil to create a tightening and toning oil blend. Combined with our specialized firming massage of gentle kneading and acupressure, this therapy will soften muscle tissue while creating a fresh toned skin appearance.

### Reflexology

An application of pressure point massage, this ancient healing technique applies pressure to the reflexes on the soles of the feet to release tension and fatigue and improve the body's physical balance.

### Soft Shiatsu Spa

Immerse your senses into a journey of ancient Japanese acupressure technique through energy balance that will revitalize and enhance your overall well being.

## Fire Opal Balancing Stone Therapy



The dramatic Mexican Fire Opal is said to stimulate circulation and provide energy during stressful times. This session begins with a traditional Huichol ensalmo (incantation) for peace. The therapist then “cleanses” your body and spirit, through placement of healing fire opals. As the opals transfer their positive energy through your body, the therapist uses smooth warm basalt stones to provide a deeply relaxing massage. The combination of therapies and sensations will at once clear the mind and relax the body.

## Thai

Thai Massage is an ancient therapeutic procedure which provides relaxation, balance in the body’s various centers, healthy blood circulation, and an overall manipulation of the physical form and structure of the body. Thai Massage is a working of the pressure points, energy lines, and basic body forces which together produce a highly therapeutic effect.

## Rebirth Therapy

The essence of this therapy is the healing power of water. Performed in a pool of warm water this contemporary, healing therapy is focused on meditation and relaxation. During the session, your therapist will guide you through a series of soft, rhythmic movements that gently relax your mind, muscle tissue and joints. Throughout the treatment your therapist synchronizes the movements with your breathing, allowing you to gradually drift into a meditative state. As the treatment progresses, physical and emotional tension are released, revitalizing and rejuvenating your entire being. In just one treatment you will notice an improved feeling of relaxation. With regular treatments, you will experience increased flexibility and a strengthened immune system.

## Leg or Back Massage

Great as a relaxing therapy or as an addition to other therapies such as hydrotherapy or facials, this massage focuses on specific areas of the body that always seem to require a little more attention.

## Two in Love

When you find the perfect person for you, you want to share the time together. Enjoy this romantic massage, incorporating a mix of roses and cinnamon essence to inspire love and happiness.

## MOTHER TO BE MASSAGE

A soft and gentle massage developed specifically for pregnant women. Through this massage mothers and babies will enjoy a revitalizing experience embracing the spiritual union.

## Body Treatments

### **Piña- Cocoa Abrigo Dulce**

Sweet pineapple pulp and hydrating cocoa butter combine to create a decadent body wrap. With the anti-inflammatory properties of pineapple and the moisturizing effects of rich cocoa butter, this wrap is especially suited for dry skin types, those experiencing the effects of sunburn or anyone who enjoys the feeling of well hydrated skin.

### **Lemon- Basil Scalp & Body Therapy**



A luxurious warm oil scalp treatment begins this decadent service. A heated essential oil blend of clarifying lemon and deep conditioning basil in a moisturizing coconut oil base is gently massaged into the scalp and hair. As the oil penetrates the scalp and restores the hair, a relaxing aromatic body massage is provided. The oils may be rinsed following the therapy or left in overnight for deep conditioning.

### **Agave Syrup, Cornmeal & Sea Salt Scrub**

Gentle exfoliation with some of nature's most plentiful and powerful resources smooth the body and leave behind fresh radiant skin. The light grains of cornmeal and coarse sea salt removed dead skin cells while the agave syrup in a light coconut oil base seals in moisture and soothes the skin.

### **Honey Hibiscus Cocoon**

A super hydrating and fragrant body masque, this therapy envelopes your body in a sweet cocoon of honey infused moisturizing cream with fresh hibiscus tea and blossoms. Following a gentle brushing with a natural fiber brush, a generous application of sweet body cream is applied. You are then wrapped in a cocoon of warm blankets to open the pores and absorb maximum hydration.

### **Grapefruit Mango Body Treatment**

A warm lather of lime and coconut oil is hand applied with lightly exfoliating natural fiber cloths. Following a warm water rinse, rich mango butter combined with the crisp scent of fresh Mexican grapefruit is worked into the body for a nourishing and deeply hydrating skin therapy.

### **Aromatic- Anti Cellulite Wrap**

The perfect combination of essential oils with a draining or firming massage, restore the flexibility to tissues improving their appearance. A plastifying mask is applied to enhance the benefits and finish with a specific contouring body cream.

## Earth's Gift

Embrace the wonders of Nature with this deeply hydrating body wrap. Aloe is well known for its healing and restorative properties. This combined with a natural cell renewal, will restore the balance to your skin.

## Chocolate Indulgence

Discover this ancient recipe made with indigenous ingredients as Cocoa seeds, which were highly appreciated by our ancestors. Natural cell renewals and antioxidant elements are combined to create a journey to the past experience.

## Clarity Bath

Immerse in a deep relaxation for mind and body. A full body scrub will remove dead cells from your skin leaving it soft and fresh; soak in a warm blend of rosemary, peppermint and sage and allow the clarity comes to you.

## Champagne and Roses

This sumptuous experience with a mix of champagne crystals and rose petals to relax and soften your skin.

## Chocolate Soak

Your therapist pampers you with a full body chocolate scrub followed by the benefits of a hydrotherapy plus the delightful aroma of chocolate.

## Soothing Rain Massage

A combination of temperatures: gentle warm rain with cold marble stones, this massage will awaken your immune system, improve blood circulation and firm tissues.

## Sun overexposure

Recover elasticity and moisture with this Aloe wrap with Vichy rain soothing. This magnificent combination will restore the skin overexposed to sun while being refreshed by a gentle rain and scalp and face massage.

**In OHTLI, we are focused on Nurturing your mind, body and soul, we are here for you. The combination of different elements and therapies were carefully selected to fulfill the senses. Please make yourself comfortable, and allow us to guide you in the journey to relaxation and inner balance.**

## **Skin Care Enhancements**

### **Deep Hydrating TX**

Restores moisture to dehydrated skin, returns elasticity and natural glow.

### **Teen Facial**

Basic care for cleaning, refreshing and moisturizing young skin after sun exposure 16 and up

### **Liftosome "Instant Beauty"**

The natural method to restore skin elasticity and firm features. A thermal mask with orange extracts and vitamin C, molds the features and shapes the facial contours re-generating new support elastic tissue. At the end of the treatment, the beauty therapist removes the mask to reveal a remarkably younger face.

### **Aromatic**

This facial treatment takes you on a wonderful voyage, an initiation to serene beauty. A gentle facial is enhanced by pressure points techniques with essential oils suited to your skin type. A customized mask with plant concentrates answers your beauty objectives. Your skin is visibly more beautiful and is replenished with the vital energy of essential oils.

### **Hydradermie**

This customized facial was created to lift features through muscle stimulation. The draining effect detoxifies skin, lifts the epidermis and oxygenates the complexion. A variety of gels designed for every skin need are applied which work through ionization finishing with a facial massage and skin specific cream.

### **Just for Him**

First impressions are everything. Moisturize and modify your skin with this facial specifically designed for men's special needs.



### **COUPLES**

#### **Vow Renewal Ritual**

Beginning with a foot rinse with warm water and flower petals, a cleansing aromatic session in the steam room prepares your body for a sea salt and essence scrub to remove dead cells and awake the skin. Relax your body, unwind your mind with a side by side warm obsidian stones massage. The ritual ends with the joining together of the couple's hands with a red ribbon, signifying infinite and Universal Love. A carved double heart in obsidian stone will preserve for you this moment forever. Continue enjoying this moment together in the couples Jacuzzi with flower petals and essential oils.

#### **Social Spa**

##### **SPA Girls Get-away**

Pampering and fun, let's have a girls day enjoying a relaxing back massage, choose classic manicure or pedicure and feel energized after soaking in the Jacuzzi. A selection of smoothies will complete this wonderful moment.

##### **Men's Spa Escape**

Relaxation at its best! enjoy a 50 minutes sport massage, a healthy and matified skin after this facial specially designed for men, soothe your feet after a long day with our sports pedicure. Hang around and enjoy steam bath, Jacuzzi and tasty smoothies.

### **Brides**

Relax and enjoy this special day. We will anticipate all your needs to give you the beginning of unforgettable memories. Hydrating Facial prepares the skin for a long lasting make up application and Bride's hair styling, manicure and pedicure will complete the look. Bring the gown and shoes to be ready for a beautiful life.

**All IYARI VIP Services are subject to a 20% of service charge. Reservations must be made 24 Hrs. in advance**

### NAILS

- Beauty Manicure
- CasaMagna Spa Manicure
- Beauty Pedicure
- CM Warm Stones Pedicure
- CasaMagna Spa Pedicure
- French Add On
- Polish Change
- Gel/Acrylic Nails Full Set
- Gel/Acrylic Nails Refill
- Fix a Nail
- Acrylic Removal and Buffing

### HAIR & DESIGN

- Ladies Cut and Style
- Shampoo Set
- Shampoo & Blow Dry
- Up Do
- Shampoo & Iron Curls
- Bride's Style
- Bride's Style Trial
- Braids All Head
- Braids Half Head
- French Braids

### HAIR & SCALP TREATMENTS

- Nourishing Treatment
- Balancing

### COLOR

- Restorative
- Single process
- Double process
- Highlights
- Corrective Color

## MAKE UP

Special Occasion Make up

Bride's Make up

Bride's Make up trial

## WAXING

Half leg

Full Leg

Arm

Bikini

Under Arm

Eye Brows Design

Upper Lip

Full Face

Full Back or Chest Regular

Full Back or Chest Abundant

## PARAFFIN

Hand or Feet

Back Calming Treatment



Prices are in Mexican pesos and include 15% Tax (I.V.A.) Gratuity is at your discretion.

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### **NAILS**

#### **Star Glitter Manicure**

6 to 15

Soft hands massage, buffing with gloss and decals of child's choice, for this "princess basics"

#### **More Gloss**

6 to 15

Polish change with decals

#### **Pinky Club Pedicure**

6 to 15

Choose your favorite "ice cream flavor" for this fun and softening pedicure. Color and decals, and you are ready to show a great look in sandals.

#### **Mom and Daughter Ice Cream Pedicure**

6 to 15

Enjoy together this wonderful experience. A picture of both will be given at the end

### **HAIR TRENDS**

#### **Kids Cut and Style**

6 to 15

Get the latest looks for kids

#### **Cutie Pie Braids**

6 to 15

Hit the beach with your new appearance

#### **Fantasy Do**

6 to 15

Special occasion? Reveal yourself with a glittery look

#### **"Be the Star"**

6 to 15

Get pamper from head to toes and be the star of the day. Choose your color and decals for manicure and pedicure, hair style or tiara braids, lip gloss and glitter on your face.

## HOW TO SPA

Gym Hours 6:00 a.m. - 11:00 p.m. Daily

SPA Ladies & Gentlemen Facilities Hours 7:00 am – 9:00 pm Daily

SPA Treatments and Salon Services Hours 8 am – 8 pm Daily

## Daily Hotel Guest Membership

Daily fee for CasaMagna Guest

3 days passport

5 days passport

Daily fee for Gym use Outside Guests

Daily fee for All SPA Facilities use Outside Guests

Daily fee waived for Casa Magna Guest with any 30 min Spa or Salon service

No charge daily fee for non- CasaMagna Guest with minimum of 1 hr spa service (excludes Spa Salon)

Daily guest membership includes unlimited use of "ojos de agua" whirlpools, cold plunge, roman tub, reflexology foot whirlpool, Saunas, Swiss Shower, Press shower, relaxation lounges, private lockers, Spa Wardrobe (bathrobes, slippers), heated indoor lap pool, body and beauty amenities, and fitness room.

## Age Requirement

The Spa is an adult-oriented atmosphere for adults over the age of 16. A waiver will be requested to sign by the custodian in the case of young adults 16-17. Young adults required to be accompanied by custodian in all times during their stay at the SPA. Kids & Teens can enjoy services at the beauty salon as well to participate in tennis.

## Cell Phones and Tobacco

To preserve our tranquil setting, cell phones and tobacco are prohibited.

## Spa Reservations/Cancellations

General Information/Scheduling: 11- 52 (322) 226-0000 ext. 6244

Reservation Hours: 7:00am - 9:00pm

Reservations are subject to availability. We recommend that you schedule your spa treatment/services at least 1 day in advance so that we can meet your scheduling requests. A credit card will be required to guarantee services at the time of booking. A 4-hours cancellation notice is required to avoid a full price charge for any scheduled services.

## How to Enjoy OHTLI SPA

These are answers to most frequently asked questions and will help you to get the most out of your OHTLI SPA experience

### 1. What should I wear?

The commonly Spa attire, we will provide is a robe and slippers, which can be worn throughout the entire Spa. You will need to bring your own bathing suit and athletic shoes for the use of our facilities. To maintain an atmosphere of relaxation, please leave pagers and cellular phones at home, or turned off during your stay. Please don't wear watch or jewelry

### 2. May I request a male or female therapist?

Yes. All of our therapists are sensitive to guests feeling comfortable during treatments. Appropriate draping practices are always observed. We suggest you wear only your robe and slippers. However, if you would feel more comfortable, undergarments may be worn.

### 3. What if I need to cancel my appointment?

At times it may be necessary for you to cancel your Spa or Salon appointments. Please notify us 4 hours in advance to avoid being charged full price for any pre-booked service.

### 4. How early should I arrive?

To enjoy the full value of your spa experience, we suggest that you arrive a minimum of 30 minutes prior to your first appointment to allow us time to familiarize you with our facility. To begin your relaxation, we also recommend use of our showers, steam and sauna rooms before your services. Arriving late will shorten the precious minutes of your Spa treatment. Remember, your treatment will end on time so that our next guest isn't delayed, regardless of how late you start.

### 5. Is tipping appropriate?

Yes. A general guideline would be between 10 and 20%.

### 6. What if I have specific health consideration?

Be sure to notify our Spa Reception or Front Desk before booking your treatment if you have high blood pressure, allergies, sunburn, other physical ailments or disabilities, or if you are pregnant.

### 7. Is the Spa for me if I'm pregnant?

Yes, even though you should avoid using deep heat or pressure. We would like to recommend our Mother to Be Massage. Please inquire about appropriate facials and body treatments.

### 8. Does the Spa have Gift Certificates?

Yes. You may purchase gift certificates from the SPA front desk.



**OHTLI SPA**

**CasaMagna Marriott Puerto Vallarta Resort & SPA**

**Tel. (322) 226-0000 Ext. 6244**